

Weekly News

Date :22/09/2026

Issue: 03



Turn to Page 2 to find out what Leisure have been up to last week



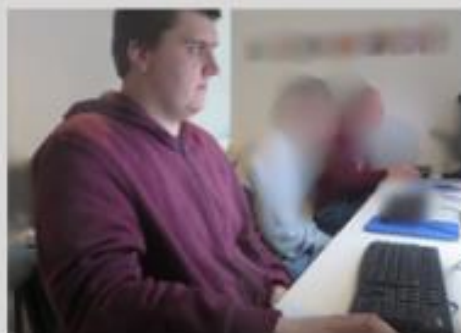
Turn to page 3 For Karl's Education Interview



Read to find out what Art got up to last week

NEWS FROM INSPIRED, THE LOCAL COMMUNITY, INTERVIEWS FROM A2A AND ART, PLUS COLOURING PAGE AND WORD SEARCH.

In this week's Newsletter, read to find out what is happening this Thursday. Turn to pages 5 and 6 to find out what is taking place on Friday 25th September.



Inspired News

This Thursday is the Youth Inspired McMillan Coffee Morning taking place at 10:30am, clients and learners will come together to celebrate and there will be an opportunity to visit the shop at The Loft. Feel free to wear green and bring cakes. “optional”



The Inspired Programme

Skills for Life

On Monday 21st September Daniel M interviewed Carly.

Daniel M: "What have you been doing today?"

Carly: "Making Spaghetti Bolognese."

Daniel M: "What do you like about it?"

Carly: "I enjoy the fact we get to make it then eat it."



Leisure

On Leisure last week, clients made chocolate chip shortbread.



Art

Art have been working on the sessional canvases and were painting tree branches.



Creative

On Creative last week, clients went to Mowsbury Park to collect bulbs ready to plant in the Sensory Garden.



A2A

On Monday 21st September Karl interviewed Ben F.

Karl: "How was your weekend?"

Ben F: "It's been good."

Karl: "What have you been up to this morning?"

Ben F: "We have been learning about the Eat Well Plate."

Karl: "Any events coming up?"

Ben F: "Coffee Morning."

Karl: "Are you ready for Coffee Morning?"

Ben F: "Yes."

Karl: "Are you wearing a green t-shirt on Thursday?"

Ben F: "Yes."



Local Community

Local News

Bedford Town get famous win to progress in the FA Cup.



Weather for Bedford this week

Tuesday Wednesday Thursday Friday Saturday Sunday Monday



23c

21c

20c

22c

21c

21c

20c

22/09/26

23/09/26

24/09/26

25/09/26

26/09/26

27/09/26

28/09/26

What's on this week in Bedford

Rhyme and Reason Exhibition

Friday 25th September

The Higgins, Bedford

Bedford in WW2 Guided Walk

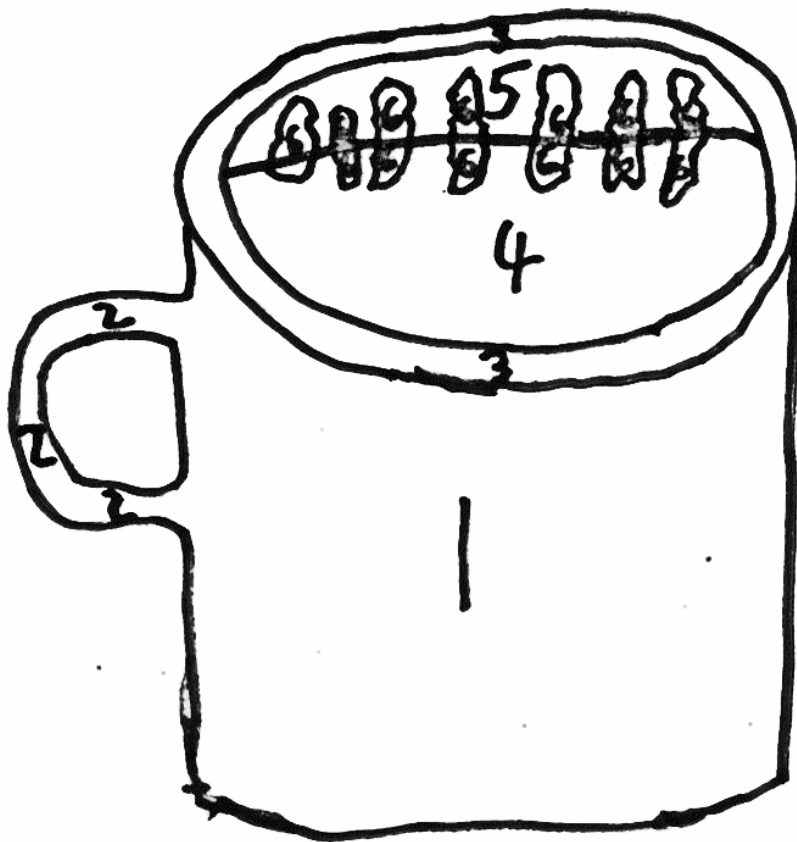
Sunday 27th September – 11am

What's on Hub, Silver Street, Bedford

Colouring

It is McMillian Coffee Morning on Friday 25th September

1: Red, 2: Purple, 3: Dark Green, 4: Brown, 5: Light Green, 6: White



***Colouring by Ben L.**

Puzzle Page

It is McMillan Coffee Morning on Friday 25th September

Coffee Morning

N	B	N	E	E	R	G	C	M	O	N	I
E	A	E	I	O	N	E	O	C	V	E	E
G	K	R	Y	I	E	A	M	A	L	I	R
N	I	T	O	F	E	T	M	N	B	I	S
I	N	A	F	V	T	M	U	G	C	I	N
N	G	O	E	F	M	R	N	S	A	F	O
R	C	N	H	D	Y	I	I	D	N	Y	I
O	T	R	O	L	R	K	T	N	C	T	T
M	E	T	I	E	O	C	Y	E	E	I	A
A	A	M	H	N	Y	C	E	I	R	R	N
Y	A	T	R	I	N	A	K	R	M	A	O
F	A	E	H	N	O	K	A	F	I	H	D
G	A	N	T	N	Y	E	A	A	N	C	I
B	O	Y	R	T	S	S	G	O	C	L	K

COFFEE
FAMILY
COMMUNITY
CAKES
FRIENDS
GREEN
CANCER
DONATIONS
CHARITY
EVENT
MORNING
BAKING
TEA
GATHERING



Social Media

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Credits

The Inspired Programme

Page 1: Photos by Daniel M and Karl

Page 2: Interview and Photos by Daniel M

Page 3: Interview and Photos by Karl

Page 4: Photos by Daniel M

Page 5: Colouring by Ben L

Page 6: Wordsearch by Ben L, Daniel M and Karl

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