youthinspired
striving to fulfil potential

# Weekly News

Date :19/01/2026
Issue: 15



Turn to page 2 to find out what the clients have been doing in Community last week



Turn to page 3 to find out who Karl has interviewed on Education



Look what what the Wellbeing group have been making last week

**NEWS FROM INSPIRED, THE LOCAL COMMUNITY, INTERVIEWS FROM A2A AND ART, PLUS COLOURING PAGE AND WORD SEARCH.**

In this week's Newsletter, read to find out about what is happening in the Cafe on Wednesday 21st January. Turn to pages 5 and 6 to find out what is taking place on Sunday 25th January.





# The Inspired Programme

## Art

On Monday 19th January Daniel M interviewed Rhianne.

Daniel M: “What have you been doing today in Art?”

Rhianne: “I did a picture of Nat M”

Daniel M: “What do you like about it?”

Rhianne: “I like the pictures.”



## Wellbeing

On Wellbeing last week clients were practicing sewing animals.



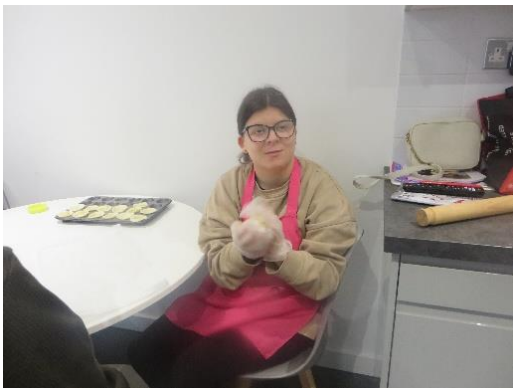
## Enterprise

On Enterprise last week clients were continuing bracelet making.



## Community

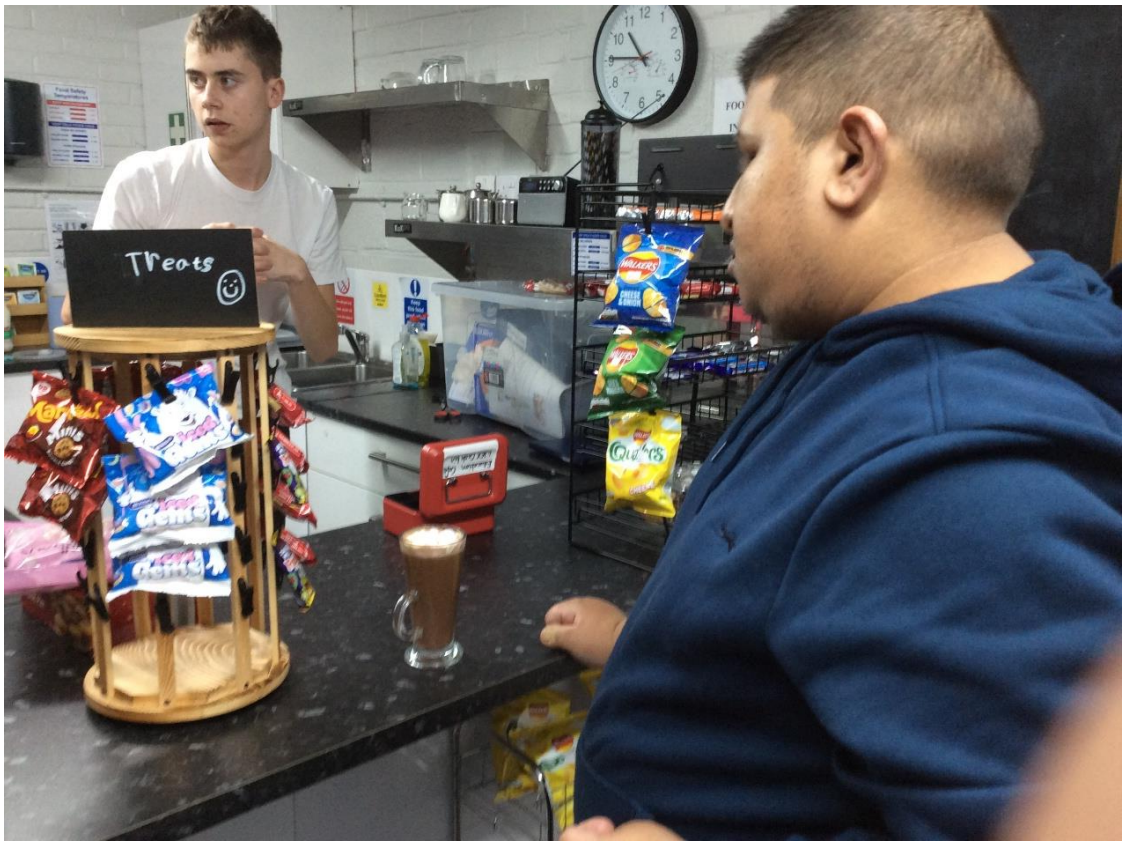
On Community last week clients had the opportunity to make Bedford’s chocolate toothpaste.



# Inspired News

**Tuck Shop**

On Wednesday 21st January clients will have the opportunity to buy snacks and drinks from Education's Tuck Shop in the café at 10:45am.



# A2A

On Monday 19th January Karl interviewed Quinten.

Karl: “How is your day going?”

Quinten: “Good.”

Karl: “Any events coming up?”

Quinten: “Going to Dodgeball.”

Karl: “How is Maths and English?”

Quinten: “Good.”

Karl: “What have you learned?”

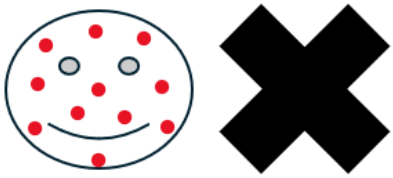
Quinten: “Sums.”



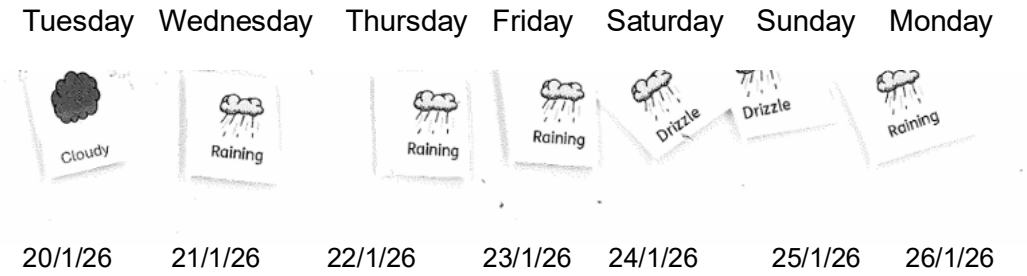
# Local Community

## Local News

Children in Bedfordshire to get updated jab to protect them from chickenpox.



## Weather for Bedford this week




## What's on this week in Bedford

Free sensory room session

19th-23rd January

9am-12pm

John Bunyen Sports and Fitness centre

SSG Spectrum Gaming room open

Saturday 24th January

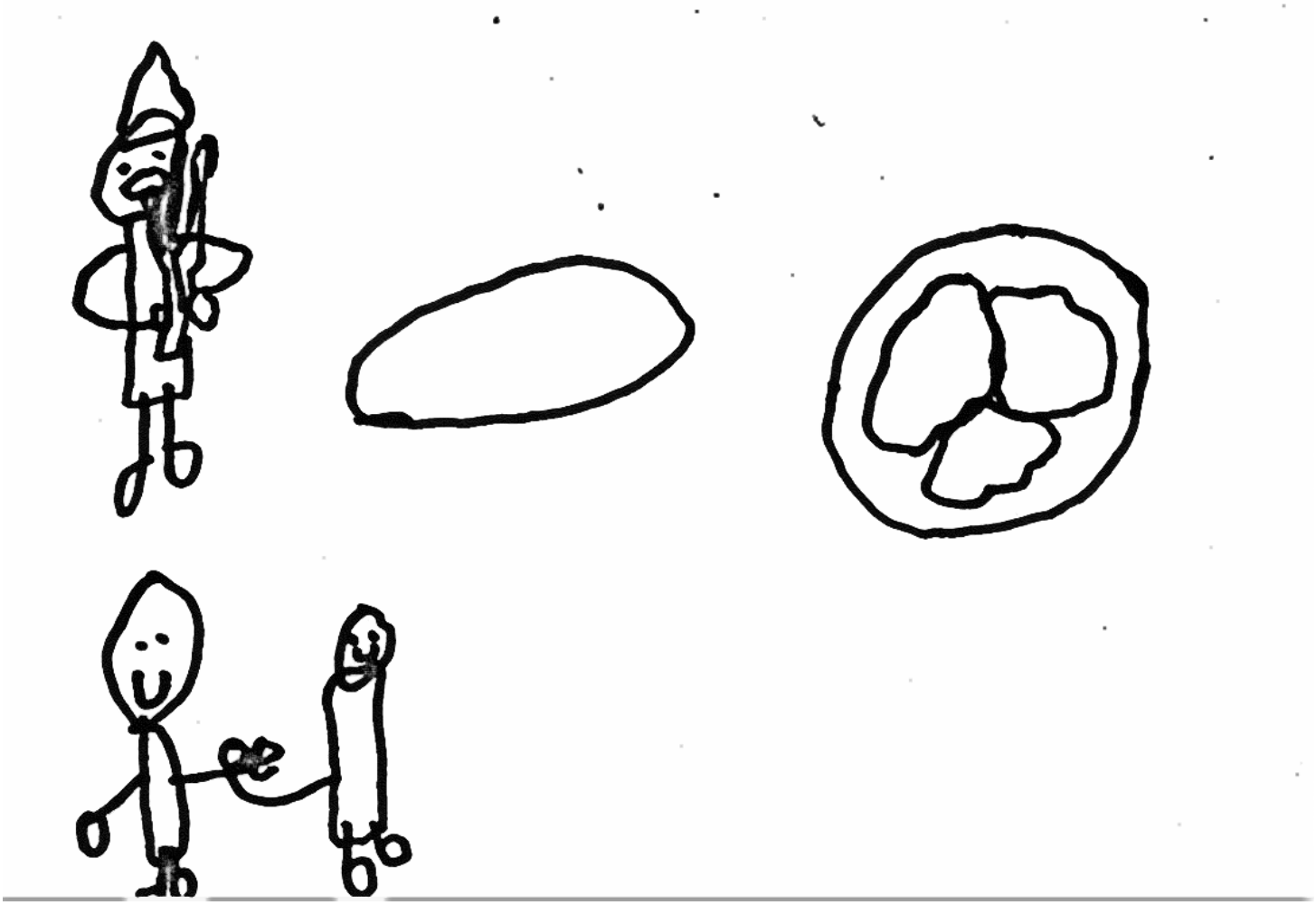
1:30pm-2:30pm

The Raleigh Centre, Bedford

(It is Wellbeing Week from 19th-25th January)

# Colouring

It is Burns Night on Sunday 25th January



***Colouring by Ben L**

# Puzzle Page

It is Burns Night on Sunday 25th January.

## Burns Night

| B | U | R | N | S | N | I | G | H | T | T | R |
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| E | A | P | A | T | D | B | O | B | H | E | B |
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SCOTTLAND
HAGGIS
BAGPIPES
BIRTHDAY
POETRY
BURNS NIGHT
SUPPER
TATTIES
ROBERT BURNS
POTATOES




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https://www.instagram.com/youthinspiredbedford/

**Credits**

**The Inspired Programme**

Page 1: Photos by Daniel M

Page 2: Interview and Photos by Daniel M

Page 3: Interview by Karl, Photos by Daniel M and Karl

Page 4: Photos by Daniel M and Karl

Page 5: Colouring by Ben L

Page 6: Wordsearch by Ben L, Daniel M and Karl

Lead Editor: Ben L

Journalist: Daniel M and Karl